

## The most difficult thin hair

Are you the owner of thin hair, and every day you have to deal with a flat hairstyle? Well, if you're a comfort, in a similar situation is almost 40% of women in Europe and tricks to improve the volume of hair is their daily bread. Fortunately, it can be easily controlled. Thin hair due to its small diameter are usually very soft, but easily damaged and quite difficult to solve.

Even if the morning them on rollers, lightly and paint, usually in the evening and as you see in the mirror faded hairstyle, and the fluffy curls was not even a trace. In addition, hairdressers say that this type of hair is extremely demanding in cutting and styling, often have weak roots (you should know that a healthy bulb should be three or four times thicker than a hair), more than any other feeling the effects of stress, unhealthy diets and illnesses with the consequence that fall over, and their usually fair-haired woman. Pros? Men prefer blondes! A thin hair you can do. One thing is certain - without a visit to the barber is not a good way to get around, because the corresponding cutting thin hair is an absolute basis for their good looks. Thanks to skilful and hair coloring, optical add volume and fluffy, and your head will become a nicer shape. Then you will know the true professional? Start your meeting by talking, rather detailed interview: what cosmetics you wash your hair and cares, how often do, it looks like your hair in the morning and evening as well as how much time you spend your whether any vitamins or medications, as often complaining the arrangement of hair and, finally, whether they pondered decapitation. Thin hair because they look the worst in the long version. Optimum hair should extend arms either to be even shorter, but first and foremost have to fit into your face, figure and personality. This does not mean it has to be boring. Frayed ends, folded strands, fringe, hair, looking at the "torn up" this is it! If you have never treatment from a professional hair adding volume, did not hesitate long. Try it and see that it really works. Kérastase brand created, for example, ritual Volumorphose (costs about 110 zB, but salons are free to fix its prices) compared to the hairdressers to "injection of matter" for hair. The treatment technology used Volumorphose Intra-Cylane, based on chemicals that alter the physical state of permanent contact with water. Effect? Bold from the inside of the hair fiber becomes stronger and more resilient, and very fluffy hair. In addition, no fades after the first shower, but it retains its shape up to 10 wash. Aggregation is a quick and relaxing - Barber finds you a relaxing scalp massage, and then imposed on the entire length of hair ampoule Volumorphose. When it comes time for a bath volume of Ampli-Ciment complex for recovering the properties of the hair structure. Cosmetics include a cationic polymer, which smooths the surface of each fiber. Thin hair are smoothed and broken down, so with body hair. Such a bath, enhanced Milk and mask in this series is also worth to buy for home care. Hairdressers with good reason argue that we wash our hair with random products. You have to hand shampoo? You use it because it smells nice. The shop on price promotion bonnet hair curly? Buyer, but on your head hard to see any twist. Spray, foam, gel? Are using them to hit would be a failure. Admit honestly - have you ever been doing in the salon professional analysis of the scalp and are using every day cosmetics hair thin? However, it is really important. Products designed especially for you must be gentle, not skin (without sodium lauryl sulfate and sodium as cosmetics brand Kemon Series Fiber Nuova). They may also impose hairstyles (some shampoos and conditioners contain waxes and oils, which can cause the hair will look like Greasy), but to strengthen it and protect it. In addition, each company is releasing a series on the market for thin hair, has its own patents to add volume hairstyle. In Kérastase used, for example, complex Fibrexpans, which aims to create "mini-bag" air between the hair to make it "raise" for a long time. Also remember the cardinal rule - always wash your hair if you need it, even daily. Grease and dirt are not allies of fluffiness. But do not overdo the number of shampoo and conditioners. This last is a well-regulated only at the ends of hair, respectively, them cooler water to close the hair scales. Time for styling. And this attention! The effect of fluffiness, contact only through cosmetics designed for your hair type. Make friends with the foams so volume and light hair lacquers refresher. Remember that in your case, less is more! Plain replace a light gel cream and carefully experiment with cosmetics, because they can cause the hair quickly. In addition, dried her hair with his head bowed down, his fingers kneading hairstyle. It really brings good results. Hair gets fluffy and slightly "screwed." If you want to straighten your hair, dried it, pulling the band on a thick brush and lifting them to the scalp. Now just a little bit of hair spray and you're fine. And if you dream of a lovely waves and curls, spin foam hair curlers. Do not brush them later with a brush, and just Comb your fingers and keep an eye on the palm. Constant touching and improving the hair, makes them more settled on the grease and dirt, and hair fades quickly.